



# GACE® Health Education Assessment Test I (113) Curriculum Crosswalk

## Required Coursework Numbers

<b>Subarea I. Mental and Emotional Health/Sexual Health (70%)</b>															
<i>Objective 1: Understands the issues related to mental and emotional health/sexual health</i>															
A. Understands psychosocial development/emotional well-being															
B. Knows the causes/consequences of mental/emotional health issues															
C. Knows the consequences of risk-taking behaviors															
D. Understands stress management skills															
E. Knows how to identify factors that promote positive self-concept and self-esteem															
F. Understands factors affecting healthy and unhealthy relationships															
G. Understands strategies for coping with changes in families															
H. Understands the concepts of interpersonal communication															
I. Understands skills promoting healthy interactions															
J. Understands the functions of various types of interpersonal relationships															
K. Understands group dynamics															
L. Knows the social/cultural influences on communication															

## Required Coursework Numbers

M. Understands factors affecting decisions about dating															
N. Understands the causes of conflict among youth															
O. Knows the signs, symptoms, causes, and effects of self-destructive behavior															
<i>Objective 2: Understands the issues related to sexual health</i>															
A. Knows the anatomy and physiology of the human reproductive system															
B. Understands the decision-making process and considerations related to family planning															
C. Knows the stages that occur during pregnancy and childbirth															
D. Knows the factors that influence sexual decisions															
E. Knows the causes of HIV and AIDS															
F. Knows the methods for preventing pregnancy, STDs, and HIV/AIDS															
<b>Subarea II. Safety and Injury Protection (30%)</b>															
<i>Objective 1: Understands the principles related to self-care</i>															
A. Understands the causes and effects of weather emergencies															
B. Knows methods for promoting self care, safe behaviors, and injury prevention															
C. Knows appropriate ways to respond to accidents															

### Required Coursework Numbers

D. Understands threats to personal safety															
E. Knows the legislation, agencies, and policies that support community health															
<i>Objective 2: Understands issues related to community health</i>															
A. Knows how to promote community health															
B. Knows the characteristics of safe and unsafe places for play, travel, and recreation															
C. Understands the causes, consequences, and prevention of different types of abuse and violence															
D. Understands common causes and effects of accidents															